



ACUPUNCTURE INFORMATION & INFORMED CONSENT

Acupuncture is performed by the insertion of PRE-STERILIZED, DISPOSABLE acupuncture needles through the skin, and /or the application of heat or electrical stimulation on the skin, or both, at certain points on the body. A National Board Certified (NCCA) and an Illinois Licensed acupuncturist will perform these treatments.

Acupuncture	The insertion of fine, sterile, disposable needles into any of 365 acupuncture points on the body.
Electro-Acu	Electrical acupuncture units similar to Tens units are hooked up to the needles to stimulate the points.
Moxabustion	The warming of acupuncture points using a Chinese herb (Artemisia Vulgaris)
Gua Sha	Gua Sha is the scraping of the skin with a smooth edge to bring toxins and tension to the surface of the skin.
Cupping	Cupping is the use of suction with cups on the back to bring toxins and tension to the surface of the skin from deep muscle layers.
Tui Na	The use of hands and fingers on the acupuncture points on the body (Chinese acupressure)
Auricular Acu	Tiny acupuncture needles in the ear.
Chinese Herbs	Historical uses of some Chinese herbs may be mentioned.

- I understand that normal experiences *during* treatments *may* include any of the following: a tiny pinch at first (like a mosquito bite), a mild tingling sensation in the hands and feet, body temperature shifts, and/or heaviness and achiness in the local areas where needles are placed (referred to as your "chi sensation"). initial_____
- I am aware that occasionally there can be minor bruising in areas where the needles are placed. initial_____
- I understand that I should be evaluated by a physician for the condition I am requesting consultation. The diagnosis and treatment plan I will be given by Source Healing is based upon Traditional Chinese medical principles and natural treatment only, and does not constitute a western medical diagnosis. I understand that I am not to rely on Traditional Chinese diagnosis and treatment as my sole remedy for the treatment I am seeking. I understand if no substantial improvement is made in the condition for which I am seeking consultation, I am to seek advice from a western medical doctor. Further, if I am concurrently undergoing western medical treatments, it is my responsibility to advise my physician of any herbal supplements I am concurrently taking. initial_____
- I understand that Source Healing works as a team. In the event that your initial acupuncturist is not available for the time requested, any of our wonderful acupuncturists will be able to provide treatment. initial_____

X _____
Signature

Date